

> EVERY SECOND TUESDAY OF THE **MONTH AT 3 PM**

DEMENTIA SUPPORT GROUP

- > Join us for a monthly group focused on understanding dementia, sharing experiences, and building community.
- > We provide a supportive environment for learning and connecting with others who share similar challenges.

Location: Outpatient Geriatric Psychiatry Clinic

701 West Pratt Street. 1st floor

Baltimore, MD 21201

Whether you're a caregiver, family member, or simply looking to learn more, this group is for you

- **❖** Expert-led **Discussions**
- Practical tins and strategies
- **Supportive** group environment
- Resources for caregivers and families
- **Support.**
- Learn.
- Connect.

Sessions: Every Second Tuesday of the Month

ூ Time: 3:00 pm-4:30 pm

Cost: Free & open to the

community

(No registration required

Learn more, contact:

410-328-8415